## THE DIFFERENT NAMES OF SUGAR

Agave nectar Diatase Mannose

Barbados sugar Ethyl maltol Maple syrup

Barley malt Evaporated cane juice Molasses

Barley malt syrup Florida crystals Muscovado

Beet sugar Free-flowing brown sugars Palm sugar

Brown sugar Fructose Fruit juice Panocha

Buttered syrup Fruit juice concentrate Powdered sugar

Cane juice Galactose Raw sugar

Cane juice crystals Glucose Refiner's syrup

Cane sugar Glucose solids Rice syrup

Caramel Golden sugar Saccharose

Carob syrup Golden syrup Sorbitol

Castor sugar Grape sugar Sorghum Syrup

Coconut palm sugar HFCS (High-Fructose Corn Sucrose Sugar (granulated)

Syrup)

Honey

Confectioner's sugar Treacle

Honey icing sugar
Corn sweetener Turbinado sugar

Corn syrup Icing sugar Yellow sugar

Invert sugar

Corn syrup solids
Lactose

Date sugar

Malt sugar Dehydrated cane juice

Malt syrup
Demerara sugar

Maltodextrin

Maltol

Dextrin

Maltose Dextrose

Mannitol Diastatic malt

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Coconut sugar

Dextran

http://ThinStrongHealthy.com

**Sweet Sorghum Syrup**